

## SPACE LOADS AND ENERGY CONSERVATION

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### Summary

Heating and cooling loads determine to a great extent the building thermal performance. Throughout the year, ventilation loads play a significant role on the overall building energy consumption. However, since ventilation is directly related to indoor air quality, thermal comfort and to an extent can also influence acoustical comfort, any efforts to reduce energy consumption for ventilation must ensure that there are no side effects. Energy conservation strategies for the ventilation system need to address specific problems that depend on the requirements introduced by the type, size and characteristics of building and special use spaces. Air-to-air heat and energy recovery devices, water and airside economizers are some of the systems that can be used to optimize ventilation for optimum IAQ and energy consumption. In addition, infiltration must be reduced and that will also improve thermal comfort.

### 1. Introduction

Indoor conditions are primarily influenced by external climatological parameters (external gains due to solar radiation and heat gains or losses due to the outdoor temperature) through the building envelope, and highly variable internal loads (human activity, lights, equipment) as shown in Figure 1.

The internal gains from occupants and the ventilation (including infiltration) introduce both sensible and latent loads. The sensible heat transfer rate is the result of temperature variations, while the latent load is a result of the moisture variations from the desirable conditions. Solar radiation and internal loads always act as thermal gains to the space. Heat transfer through the building envelope because of temperature difference may represent a heat gain or a heat loss, depending on the direction of the heat flow. Heat

gains and losses between the indoor and outdoor environment occur primarily by conduction and also by convection and radiation.

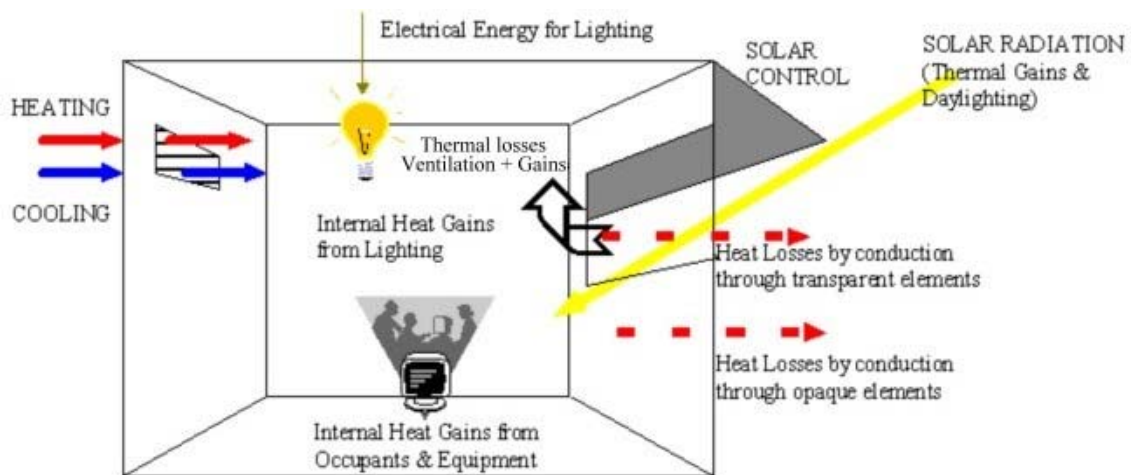


Figure 1: Schematic illustration of space heat and moisture transfer (thermal losses and gains, energy consumption)

The temperature variation of indoor air, for a space enclosed by  $n$  surfaces, depends on the surface temperature of the surrounding surfaces, the amount of air that is ventilated into the space, internal heat sources, and solar to air heat flow. This can be expressed by the following thermal balance equation:

$$m c (dT_a / dt) = \left( \sum_{j=1}^{j=n} Q_{c,j} \right) + Q_{c,v} + Q_{c,i} + Q_{s,r} \quad (1)$$

where  $m$  = mass of internal air [kg],  $c$  = specific heat of internal air [J/kg.K],  $T_a$  = indoor air temperature [°C],  $t$  = time [s],  $n$  = number of surfaces,  $Q_{c,j}$  = convected heat flow rate by each surface  $j$  [W],  $Q_{c,v}$  = heat flow rate exchanged by ventilation [W],  $Q_{c,i}$  = convected heat flow rate from internal sources [W],  $Q_{s,r}$  = solar to air heat flow rate [W].

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### **Biographical Sketch**

**Constantinos A. Balaras, Ph.D.** Born in Athens, 1962. Married, two sons.

Mechanical engineer, research director at the Institute for Environmental Research & Sustainable Development, National Observatory of Athens. Leader of Group Energy Conservation, staffed by an associate research scientist and three research assistants. Ph.D. and M.S.M.E. from Georgia Tech., B.S.M.E. from Michigan Tech. Active in the areas of energy conservation, building energy performance assessment, thermal and solar building applications, renewable energy sources, analysis and numerical modeling of thermal energy systems, HVAC systems. Previous affiliations with the University of Athens, Central Institute for Energy Efficiency Education, Protechna Ltd, Technological Educational Institute of Pireaus, British-Hellenic College, American Standards Testing Bureau Inc., American Combustion Inc., Georgia Institute of Technology, Hellenic Shipyards Co., Georgia Power Co. Participated in various European and national research projects, as a project manager and scientist in charge, including projects on energy renovation of office and apartment buildings, HVAC systems in hospital operating rooms, solar absorption heat pump, solar control, passive cooling, regional development of renewable energy sources. Private practice included electromechanical design and installation projects for new constructions and renovations of residential and office buildings, and a small size industrial building. Member of the Hellenic Technical Chamber (Chartered Mechanical Engineer), EUR ING, Hellenic Society of Mechanical - Electrical Engineers, Hellenic Society of Heat and Power Cogeneration, Hellenic Forum for the Dissemination of Renewable Energy Sources (ELFORES), ASHRAE (Founder representative and president of Hellenic Chapter 1999-2000, Regional Chair in Europe 2002-2006), ASME Fellow. Author and co-author of over 54 papers in international Journals and 80 papers in Conferences, chapter contributions in 12 scientific books and numerous technical project reports. Member of the editorial board Int. J. "Energy and Buildings"; Invited Reviewer of papers for the Journals of Solar Energy, and Applied Meteorology, ASHRAE Transactions, IBPSA; Invited Technical Assessor for the European Architectural Competition Living in the City and Working in the City (under the auspices of the European Commission); Member of The Scientific Research Society; Pi-Tau-Sigma, Honorary Mechanical Engineering Fraternity.