

# PLANT STRATEGIES FOR SEED DISPERSAL IN TROPICAL HABITATS: PATTERNS AND IMPLICATIONS

**Natália O. Leiner, André R.T. Nascimento and Céline Melo**

*Universidade Federal de Uberlândia, Instituto de Biologia, Uberlândia, MG, Brazil*

**Keywords:** Seed dispersal syndromes, zoochory, fruit traits, phenology, frugivore behavior, seed deposition patterns, restoration ecology.

## Contents

1. Introduction
    - 1.1. Megafaunal Syndrome
  2. Plant strategies to attract frugivores
    - 2.1. Fruit/Seed Size Constraints
    - 2.2. Visual and Olfactory Displays and Nutritional Rewards
    - 2.3. Phenological Strategies
    - 2.4. Opportunist x Specialist Plant Strategies
  3. Fruit choice by animals
  4. Deposition patterns and frugivory efficiency
  5. Seed dispersal and restoration ecology
- Acknowledgments  
Glossary  
Bibliography  
Biographical sketches

## Summary

Seed dispersal is a key process for plant reproductive cycle. In this way, this chapter presents an overview of the strategies adopted by tropical plants to maximize the chances of fruit/seed removal, and the implications of these strategies in terms of resource allocation and efficient seed dispersal. First, we discuss the constraints relative to fruit/seed size in determining the frugivore assemblage capable of removing fruits, and the role of fruit attributes and phenological strategies in the attraction of different frugivore guilds. We also comment on cases of plant-animal strict specializations and diffuse interactions and their implications for seed dispersal efficiency. Since dispersal efficiency is not solely determined by frugivore attraction and fruit removal, this chapter discusses the interplay between frugivore behavior and seed deposition patterns. We also point out general patterns of fruit choice and discuss the consequences of these patterns for the plant reproductive success. Finally, we conclude this review by discussing an approach to accelerate forest succession and restoration of degraded ecosystems. This approach is based on the enhancement of the seed dispersal process, which increases seed rain and plant recruitment in those areas.

## 1. Introduction

Dispersal is a crucial process for plants at several scales, because it connects the end of the reproductive cycle of adult plants with the establishment of their offspring. In order

to maximize reproductive success, plants may adopt a variety of seed dispersal mechanisms, such as anemochory, barochory, hydrochory, autochory and zoochory. The proportion of plant species adopting each dispersal strategy may vary within floristic types and micro-habitats, usually according to plant strata. For example, understory and sub-canopy species usually present fleshy colorful fruits, in order to attract dispersal agents, while canopy species generally rely on the wind to disperse their seeds. The latter strategy is more efficient in deciduous forests, where the chances of collision with vegetation elements is reduced, thus increasing the odds of long-distance dispersal. At a larger scale, this proportion is different when comparing biomes and geographical zones, such as tropical and temperate regions.

In tropical regions, zoochory seems to be the most common and efficient seed dispersal mechanism. Zoochoric fruits can be dispersed by attachment to disperser's body via barbs and hooks, although this is rare in tropical environments, or through fruit/seed consumption and subsequent seed deposition. As a corollary, tropical plants exhibit a wide variety of phenological strategies and produce fruits presenting an amazing diversity of forms and colors. Once seed dispersal by animals involves an interaction between pairs of species, it is possible that attributes leading to higher fruit removal and successful seed dispersal are under positive selective forces. This hypothesis implies that differences in the ecology and behavior of dispersers induce corresponding differences in fruit species favored by these dispersers, in a way that fruits may be packed in groups according to characteristics that facilitate their dispersal by a particular group of animals. Such idea was first discussed by van der Pijl in 1969, who defined those specific groups of characteristics as dispersal syndromes (see Table 1). These syndromes could be viewed as evidence for the process of coevolution between dispersers and plants, although several factors may limit tight coevolutionary relationships. However, the effect of seed dispersers on the evolution of fruit traits remains controversial. Several studies failed to find any evidence of coevolution between dispersers and plants, suggesting that fruit traits are accidentally well-matched exaptations rather than the result of coevolution. On the other hand, other studies supported the predictions of the dispersal syndrome hypothesis.

<b>Dispersal syndrome</b>	<b>Fruit color</b>	<b>Fruit/seed size</b>	<b>Odor</b>	<b>Pulp composition</b>	<b>Other</b>
Other mammals (terrestrial and arboreal)	violet <sup>a</sup> , brown/black <sup>b</sup> , orange <sup>a</sup> , green <sup>b</sup>	large	strong	protein and sugar rich	no data
Bats	green, brown, dull-colored	large	strong	lipid and starch rich	pending position
Birds	bright colors (purple, red, black, blue)	varied	absent	lipid, sugar and protein rich	arils
Reptiles	bright colors	small	strong	generalist	no data
Ants	no data	small	absent	lipid rich	elaiosome

<sup>a</sup> mainly diurnal mammals, <sup>b</sup> mainly nocturnal mammals

Table 1. Seed dispersal syndromes by different frugivore guilds

-  
-  
-

TO ACCESS ALL THE 16 PAGES OF THIS CHAPTER,  
Visit: <http://www.eolss.net/Eolss-sampleAllChapter.aspx>

## Bibliography

Ayres J.M. (1993). *As matas de várzea do Mamirauá: médio rio Solimões*, 123 pp. CNPQ/Sociedade Civil Mamirauá, Brasília. [This book provides an important review about the structure and plant-animal interactions in flooded forests of the Brazilian Amazon]

Bianconi G.V., Mikich S.B., Teixeira S.D. and Maia, B.H.L.S.N. (2007). Attraction of fruit-eating bats with essential oils of fruits: a potential tool for forest restoration. *Biotropica* **39**, 136-140. [This manuscript demonstrate the role of fruit-eating bats in forest restoration]

Cazetta E., Schaefer H.M. and Galetti M. (2008). Does attraction to frugivores or defense against pathogens shape fruit pulp composition? *Oecologia* **155**, 277-286. [An empirical test of the factors that shape fruit pulp composition]

Fleming T.H., Venable D.L. and Herrera L.G.M. (1993). Opportunism x Specialization: the evolution of dispersal strategies in fleshy-fruited plants. *Vegetatio* **107/108**, 106-120. [A discussion about the evolution of opportunist and specialized dispersal strategies].

Guimarães Jr. P.R., Galetti, M. and Jordano, P. (2008). Seed dispersal anachronisms: Rethinking the fruit extinct megafauna ate. *PLoS ONE* **3**, e1745. [An interesting manuscript that provides an operational definition of megafaunal fruits and discusses the potential consequences of megafauna extinction for the plants they dispersed]

Howe H.F. (1989) Scatter-and clump-dispersal and seedling demography: hypothesis and implications. *Oecologia* **79**, 417-426. [An overview of the different seed deposition patterns and their implications for the recruitment patterns of new individuals in the community]

Janzen D.H. and Martin P.S. (1982). Neotropical anachronisms: the fruits the gomphotheres ate. *Science* **215**, 19-27. [A discussion about the extinction of the megafauna and its consequences for seed dispersal in tropical ecosystems]

Jordano P. (1995). Angiosperm fleshy fruits and seed dispersers: a comparative analysis of adaptation and constraints in plant-animal interactions. *The American Naturalist* **145**, 163-191. [A test of the hypothesis that angiosperm fleshy fruit characteristics are evolutionary adaptations to their mutualistic seed dispersers]

Jordano P. (2000). *Fruits and frugivory. Seeds: the ecology of regeneration in plant communities* 2nd edition (ed. M. Fenner), 125-166. CAB, Wallingford, England. [This chapter is a comprehensive review about the interaction between fleshy fruits and frugivores].

Montagnini F. and Jordan C. F. (2005). *Tropical forest ecology: the basis for conservation and management*, 300pp. Springer: Heidelberg. [This book deals with basic and applied concepts about silviculture and plant community ecology in the tropics].

Rathcke B. and Lacey E.P. (1985). Phenological patterns of terrestrial plants. *Annual Review of Ecology and Systematics* **16**, 179-214. [A comprehensive review of the phenological patterns of terrestrial plants]

Reis A., Zambonin R.M. and Nakazono E.M. (1999). *Recuperação de áreas florestais degradadas utilizando a sucessão e as interações planta-animal. Série Cadernos da Biosfera 14*, 42 pp. Conselho Nacional da Reserva da Biosfera da Mata Atlântica. Governo do Estado de São Paulo. [A discussion

about the use of plant-animal interactions in restoration attempts]

Sallabanks R. (1993). Hierarchical mechanisms of fruit selection by an avian frugivore. *Ecology* **74**, 1326-1336. [This manuscript discusses the hierarchical decision-making process of fruit selection in natural and captive populations of a bird species]

Schimdt V., Schaefer H.M. and Winkler H. (2004). Conspicuousness, not colour as foraging-cue in plant-animal signaling. *Oikos* **106**, 551-557. [This manuscript discusses the role of colour in plant-animal interactions, and addresses the importance of colour contrasts against background in animal foraging].

Schupp E.W. (1993). Quantity, quality and the effectiveness of seed dispersal by animals. *Frugivory and Seed Dispersal: Ecological and Evolutionary aspects* (eds T.H. Fleming and A. Estrada), 15-29. Kluwer Academic Publishers, Belgium. [A comprehensive review of the factors that influence disperser effectiveness]

Terborgh J. (1986). Keystone plant resources in the tropical forest. *Conservation biology: the science of scarcity and diversity* (ed. M.E. Soulé), 330-344. Sinauer, Sunderland. [This manuscript introduces the concept of keystone plant resources]

Uhl C. (1997). Restauração de terras degradadas na bacia Amazônica. *Biodiversidade* (eds. E.O. Wilson and F.M. Peter), 419-427. Nova Fronteira, Rio de Janeiro. [This deals with theoretical issues and successful examples of ecological restoration in tropical forests]

Willson M.F. and Whelan C.J. (1980). The evolution of fruit color in fleshy-fruited plants. *The American Naturalist* **116**:790-809. [This work proposes several nonexclusive hypotheses to explain the evolution of fruit color, assessing the existing evidence for each, and discussing tests for future investigation].

Whitmore T.C. (1990). *An introduction to tropical rain forests*, 226 pp. Clarendon Press: Oxford. [A classical and fundamental book to the understanding of the dynamics and diversity of Neotropical rainforests]

### Biographical Sketches

**Natália O. Leiner** received the BS degree from the Federal University of Rio de Janeiro (Brazil) and the MA and PH.D from the Campinas State University (Unicamp - Brazil). Since 1999, she has worked on different themes within small mammal tropical ecology in Brazil. Currently, she is engaged as a post-doctoral researcher at the Federal University of Uberlândia (Brazil), where her current research focus on two major questions: the ecology of interactions between marsupials and their plant resources and the role of rodents in fate, survival and germination of palm seeds in the Brazilian cerrado.

**André R.T. Nascimento** was born in Brazil in 1969 and obtained his BS and MA degree in Forestry from Federal University of Santa Maria (Brazil), and his PH.D in Ecology from University of Brasília in 2005. Currently, he is working as a researcher and teacher at the Federal University of Uberlândia. He has been involved in several research projects on the conservation and ecology of tropical forests, with a number of publications and book chapters concerning botanical inventories, diversity patterns, and ecology of tropical plants.

**Celine de Melo** completed her BS degree from the Federal University of Uberlândia and the MA and PH.D from the University of Brasília (Brazil). Since 1994, she has been involved in research focusing the ecology, behavior, reproductive patterns and conservation of tropical birds. During the last six years, she has worked as a teacher and researcher at the Programa de Pós-Graduação em Ecologia e Conservação de Recursos Naturais at the Federal University of Uberlândia. Currently, her main research focuses on the patterns and implications of quantitative and qualitative fruit availability for frugivore birds.