

## **PREGNANCY RECOGNITION SIGNALING, FETAL-PLACENTAL DEVELOPMENT AND PRENATAL FETAL PROGRAMMING**

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### Summary

Reproduction is a highly complex biological process requiring a dialogue between the developing conceptus (embryo-fetus and associated placental membranes) and maternal uterus which must be established during the peri-implantation period for pregnancy recognition signaling and regulation of gene expression by uterine epithelial and stromal cells. The uterus provides a microenvironment in which molecules secreted by uterine epithelia or transported into the uterine lumen represent histotroph or the secretome required for growth and development of the conceptus and receptivity of the uterus to implantation by the conceptus. Pregnancy recognition signaling as related to sustaining the functional lifespan of the corpora lutea (CL) which produce progesterone; the hormone of pregnancy essential for uterine functions that support implantation and placentation required for successful outcomes of pregnancy. It is within the peri-implantation period that most embryonic deaths occur in mammals due to deficiencies attributed to uterine functions or failure of the conceptus to develop appropriately, signal pregnancy recognition and/or undergo implantation and placentation. The endocrine status of the pregnant female and her nutritional status are critical for successful establishment and maintenance of pregnancy. The challenge is to understand the complexity of key mechanisms that are characteristic of successful reproduction and to use that knowledge to enhance fertility and reproductive health of animals including nonhuman primates. It is important to translate knowledge gained from studies of animals to address issues of fertility and reproductive health in humans.

### 1. Introduction

Reproduction in mammals is a highly complex and variable biological process among species. This is apparent when one reflects on the natural evolution of multiple strategies involving the hypothalamic-pituitary-gonadal-uterine axis employed to achieve pregnancy recognition signaling, implantation and placentation, fetal growth and development and parturition for successful outcomes of pregnancy. Regardless of species, a dialogue between the conceptus (embryo-fetus and associated placental membranes) and maternal uterus is established during the peri-implantation period for pregnancy recognition and maintenance of pregnancy. In response to pregnancy recognition signaling and secretions from the conceptus, the uterus expresses a multitude of genes in a cell-specific and temporal manner that encode for secretions by uterine luminal (LE), superficial glandular (sGE) and glandular (GE) epithelia, stromal cells (SC) and resident immune cells and for nutrient transporters to create within the uterine lumen a complex mixture of molecules in the uterine lumen called histotroph (see Figures 1, 2 and 3). Histotroph, primarily from uterine sGE and GE includes

nutrient transport proteins, ions, mitogens, cytokines, lymphokines, enzymes, hormones, growth factors, proteases and protease inhibitors, amino acids, glucose, fructose, vitamins and other substances. In the absence of uterine glands pregnancy fails early in the peri-implantation period of pregnancy. Within the appropriate uterine environment, mammalian conceptuses must signal pregnancy recognition to sustain the functional lifespan of corpora lutea for production of progesterone, the hormone of pregnancy. Progesterone is essential for implantation and placentation, both of which are critical events for successful pregnancy. However, it is within the peri-implantation period that most embryonic deaths occur due to deficiencies attributed to uterine functions or to failure of the conceptus to develop appropriately, signal pregnancy recognition and/or undergo implantation and placentation. If these events are successful, there remains variation in placental and fetal development that leads to intra-uterine growth insufficiency, undesirable aspects of fetal programming and failure of the conceptus to realize a successful induction of parturition. This entry focuses on the challenges, past and present, in understanding key mechanisms that ensure successful reproduction in a few species of animals. The goal is to provide an appreciation of current knowledge and gaps in knowledge related to our desire to enhance fertility and reproductive health or, alternatively, to establish acceptable methods for control of fertility.

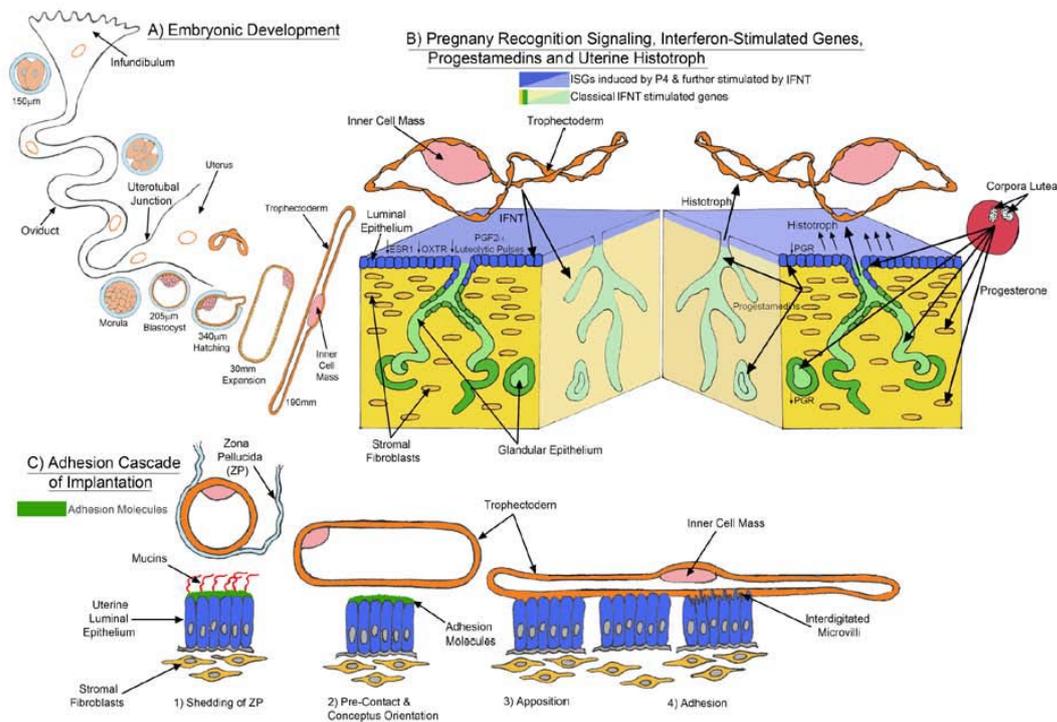


Figure 1. [A] Oocytes fertilized in the oviduct enter the uterus at the morula stage, advance developmentally after hatching from the zona pellucida to spherical blastocysts that then transition to large spherical, tubular and filamentous conceptuses (embryo and its extra-embryonic membranes) with interferon tau (IFNT), the pregnancy recognition signal, being secreted from mononuclear trophoctoderm cells between Days 10 and 21 of pregnancy. [B] The endometrial epithelia cease expressing receptors for progesterone (PGR) due to autoregulation by progesterone while IFNT silences expression of



exocrine (into the uterine lumen) which protects the CL from luteolytic  $\text{PGF}_{2\alpha}$ . Thus, IFNT and E2 are antiluteolytic pregnancy recognition signals. Blastocysts of primates secrete chorionic gonadotrophin beta (CGB) that acts directly on the CL to ensure its maintenance and secretion of progesterone. In rodents, mating induces diurnal release of prolactin for 12 days that is required for formation of CL and their secretion of progesterone until other lactogenic hormones are produced by the placental and uterine decidual cells from about Day 10 of pregnancy.

## ***The Uterine Microenvironment Includes Histotroph Critical to Growth and Development of the Conceptus***

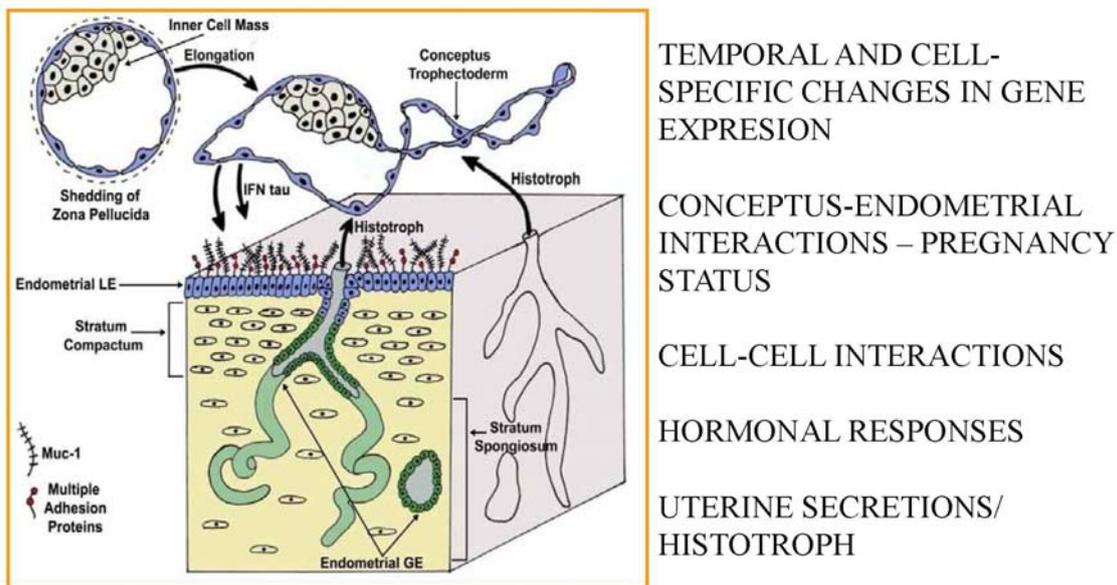


Figure 3. The uterine microenvironment of histotroph includes a variety of molecules that are secreted and/or transported into the uterine lumen in response to hormonally regulated genes that are expressed in a temporal and cell-specific manner. Components of histotroph stimulate growth and development of the conceptus during the peri-implantation period and, indeed, for the duration of pregnancy in species with epitheliochorial and syndesmochorial placenta such as the pig and sheep, respectively.

### **2. Gene Expression for Uterine Proteins and Nutrient Transporters**

Uterine receptivity to peri-implantation conceptus (embryo/fetus and associated extraembryonic membranes) development varies among species, and involves coordinate changes in expression of genes associated with attachment of trophoblast. The trophoblast is the outer layer of the blastocyst which gives rise to the chorion of the placenta. The trophoblast/chorion secretes key hormones for establishment and maintenance of pregnancy and it also transports nutrients from the maternal system to the conceptus to allow normal development. The trophoblast/chorion attaches to the

uterine LE and sGE for implantation. During the peri-implantation period, the coordinate changes in gene expression affect the uterine LE, as well as mid- to deep uterine GE, as well as modification of the phenotype of uterine stromal cells. Further, there is silencing of receptors for progesterone (PGR) and estrogen (ESR1) in uterine epithelia, suppression of genes for immune recognition of trophoblast, alterations in membrane permeability to enhance conceptus-maternal exchange of growth factors and nutrients, angiogenesis and vasculogenesis, increased vascularity of the endometrium for increased uterine blood flow, and enhanced signaling for pregnancy recognition. Each of the changes in expression of epithelial and stromal genes in response to progesterone (P4), estrogens (E2), glucocorticoids (GCs), prostaglandins (PGs) and interferons (IFNs) affects biological functions including uterine receptivity to implantation and conceptus development through actions on the trophoblast and/or endometrium in mammals.

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### Biographical Sketches

**Fuller Warren Bazer**, Ph.D., is Regents Fellow, Distinguished Professor and O.D. Butler Chair in the Department of Animal Science at Texas A&M University, College Station, Texas. He received the B.S. in Biology from Centenary College of Louisiana, the M.S. in Animal Science from Louisiana State University, and the Ph.D. in Animal Science (Reproductive Biology) from North Carolina State University. His research in reproductive biology focuses on uterine biology and pregnancy, particularly mechanisms of action of pregnancy recognition signals from the conceptus to the maternal uterus, including interferon tau and estrogen from ruminant and pig conceptuses, respectively. His studies are conducted at the whole animal level, as well as the molecular and cellular levels. Dr. Bazer also studies the roles of uterine secretions as transport proteins, regulatory molecules, growth factors and enzymes and endocrine regulation of their secretion, as well as the role of select nutrients such as arginine, leucine, glutamine, glucose and fructose on development of the conceptus. The endocrinology of pregnancy, especially the roles of lactogenic and growth hormones in fetal-placental development and uterine functions are also studied in his laboratory. The mechanism(s) of action and potential therapeutic value of conceptus interferons and uterine-derived hematopoietic growth factors are areas of research with both pigs and sheep as models for human disease. Dr. Bazer is author or co-author of more than 445 refereed journal articles.

**Guoyao Wu, Ph.D.**, is Professor of Nutrition, University Faculty Fellow, and AgriLife Research Senior Faculty Fellow in the Department of Animal Science at Texas A&M University. He received the B.S. in Animal Science from South China Agricultural University, the M.S. in Animal Nutrition from Beijing Agricultural University, and M.S. and Ph.D. degrees in Animal Biochemistry from the University of Alberta, Canada. He also obtained postdoctoral training in Biochemistry and Nutrition at McGill University Medical School and the Memorial University of Newfoundland Medical School in Canada. His research interests include biochemistry, nutrition and physiology of amino acids in animals at molecular, cellular, and whole body levels. Specific research projects include: (1) functions of amino acids in gene expression and cell signaling; (2) mechanisms that regulate intracellular synthesis and catabolism of proteins and amino acids; (3) hormonal and nutritional regulation of metabolic pathways and fuel homeostasis; (4) biology and pathobiology of nitric oxide and polyamines; (5) key roles of amino acids in preventing diabetes and obesity as well as associated vascular complications; (6) essential roles of amino acids in survival and growth of embryos, fetuses, and neonates; and (7) dietary requirements of proteins and amino acids in the life cycle. Dr. Wu is author or co-author of more than 330 refereed journal articles.

**Gregory A. Johnson, Ph.D.**, is an Associate Professor in the Department of Veterinary Integrative Biosciences, College of Veterinary Medicine and Biomedical Sciences at Texas A&M University. He obtained the B.S. in Zoology, the M.S. in Microbiology, and the Ph.D. in Animal Science from the University of Wyoming. He received postdoctoral training in Reproductive Biology at Texas A&M University. Dr. Johnson's research utilizes pigs and sheep to investigate the molecular, cellular and physiological interactions between the conceptus (embryo/fetus and its extraembryonic membranes) and the uterus during the processes of pregnancy recognition, implantation and placental development. His work has focused on placental interferons and the genes they stimulate in the uterus, as well as interactions between the extracellular matrix protein secreted phosphoprotein 1 (also known as osteopontin), and integrins during implantation and placentation. He is author or co-author of over 85 refereed journal articles.

**Gwonhwa Song, Ph.D.** is an Assistant Professor in the World Class University Biomodulation Major in the Department of Agricultural Biotechnology, Seoul National University, Republic of Korea. He earned the M.S. in Molecular Animal Genetics from Seoul National University, the Ph.D. in Reproductive Biology, and post-doctoral training in the Department of Animal Science and Center for Animal Biotechnology, Texas A&M University. Dr. Song has discovered important genes related to development and differentiation of avian oviduct in response to estrogen. He also studies mechanisms in the oviduct regulated by reproductive hormones and relationships between hormone-related genes and cell signaling pathways. Dr. Song conducts research with laying hen as an animal model system to study mechanisms responsible for ovarian cancer, genomic variation and gene expression associated with development, differentiation, and metastasis of cancer cells. Another area of research is on mechanisms responsible for morphological and developmental of the avian reproductive tract that account for sex differentiation and asymmetric development. His research also includes uterine biology and pregnancy, especially implantation-related gene expression and associated regulatory mechanism induced by pregnancy recognition signals, such as interferon tau and estrogen, from conceptuses of ruminants and pig, respectively. Dr. Song has been author or co-author of more than 36 refereed journal articles.